Community Supported Agriculture (CSA) at McDougal Orchards

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Featuring **Fruit Shares Plus**

What is Community Supported Agriculture (CSA)? We're glad you asked! CSA brings together community members, farmers, and agricultural land in a relationship based on an annual commitment to one another.

Here, at McDougal Orchards, CSA means that you (the consumer) pay us (the farmers) a share of the costs associated with growing this year's crop prior to the growing season. In return, we share with you the best we have to offer: a continuous weekly supply of fresh, ripe fruit at the peak of flavor, from mid-August through early November. This is our first attempt, so we're keeping it simple by offering a couple of options and add-ins this year.

You'll pick up a portion of your share (except cider) weekly for 14 weeks beginning August 11 and ending November 13, 2010. The cider shares run weekly for 9 weeks starting September 15. Pick up days and times will be Wednesdays, from 4:00 – 6:00 pm, and Saturdays, from 8:00 – 10:00 am. We'll remind you each week via the CSA E-Newsletter*. If you cannot make a pick up time, we ask that you make other arrangements with us in advance. Monday morning any remaining shares will be donated to a local food pantry.

Basic Fruit Share: Cost $98

Includes:

- One half-peck of USDA Fancy grade eating apples per week.

Cook's Fruit Share: **Cost $165**

Includes:

- A **Basic Share** and,
- One half-peck of good quality cooking apples per week (enough for an apple crisp, apple pie, or batch of apple sauce) and
- A recipe-of-the-week based on the type of cooking apple available

Plus: Cost (as described below)

- One half-gallon of **cider** per week after Labor Day (9 weeks total) for an additional **$30** and /or
- One baker's-dozen **Apple Cider Donuts** per week for an additional **$50**.

Got that? Here's an **example**: The cost for the full boat (as Capt. Jack would say) would be $165 (Cook's Share) + $30 (cider) + $50 (donuts) = $245.

O.K, you're on a diet and decide to eliminate the donuts. Subtract out that $50 and now you're down to $194 for 14 weeks of THE BEST apples in the State of Maine plus 9 weeks worth of our wonderful sweet cider. The Basic Fruit Share Plus cider works out to $98 + $30 = $128.

BUT WAIT! As a member of McDougal Orchards CSA, you'll also get our *CSA E-Newsletter (paper copy, if you have no e-mail access) letting you know what's happening on the farm each week and giving you exclusive access to coupons you can use here for other things. Sign up on the next page and pay by May 1st and we'll also give you 10% off the cost of a bushel of apples (u-pick or we'll pick them for you) at the end of the season, AND we'll store them for you (until Dec. 18, 2010 at the latest) for your holiday baking!

☐ **$98.00 Basic Fruit Share** _____

1/2 peck fancy apples

☐ **$165.00 Cook's Fruit Share** _____

1/2 peck fancy apples

1/2 peck good quality cooking apples

recipe of the week based on the included cooking apples

Additional items can be added to either of the above shares

☐ **$50.00 Donuts** _____

A Bakers Dozen - Apple Cider Donuts

☐ **$30.00 Cider** _____

1/2 gallon of cider - 9 weeks starting September 15th

Pick up Day

☐ Wednesday 4:00 to 6:00 pm

☐ Saturday 8:00 to 10:00 am

☐ Donation Sanford Food Pantry

Total _____

Note: *you need to make arrangements with us if you can not pick up your order. All leftover orders will go to the local food pantry Monday morning*

Payment

Please make checks out to McDougal Orchards

☐ Visa ☐ Mastercard

Credit Card Number _____ Exp. Date _____

Please do NOT e-mail or mail your credit card number to us

call your card number in to 207-324-5054

Name _____ Phone # _____

Signature _____ E-mail address _____